**Academic Planning Worksheet**

**Major**

**Minor**

**Additional Goals (pre-professional, study abroad, . . .)**

- **Review the Integrations Curriculum.** Consider course options that support your interests and goals.
- **Know your major/minor/pre-professional program well.** Consult department websites and faculty advisors.
- **Track requirements with Degree Works.** Use “What if” to view requirements for any major/minor combination.
- **Plan a mix of courses** (Integrations Curriculum, major, minor, pre-professional) each semester.

### INTEGRATIONS CURRICULUM

<table>
<thead>
<tr>
<th>Foundational Courses</th>
<th>Ways of Thinking</th>
<th>Additional Requirements</th>
<th>Global Lang.</th>
</tr>
</thead>
<tbody>
<tr>
<td>College Success – INTG 105</td>
<td>Abstract Structures (AS)</td>
<td>Artistic Engagement (AR)</td>
<td>111</td>
</tr>
<tr>
<td>Learning Foundations – INTG 100 or INTG 200</td>
<td>Artistic Expression (AE)</td>
<td>Experiential Engagement (EX)</td>
<td>112</td>
</tr>
<tr>
<td>Culture &amp; Social Difference: Identity (CI)</td>
<td>Human Experience (HE)</td>
<td>Global Engagement (GL)</td>
<td>211</td>
</tr>
<tr>
<td>Theological Explorations (TE)</td>
<td>Natural World (NW)</td>
<td>Benedictine (BE)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Social World (SW)</td>
<td>Quantitative Reasoning (QR)</td>
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</tbody>
</table>

**Upper Level Coursework**

Thematic Encounter any level
Thematic Encounter 300 level
Thematic Focus 200-300 level

*All 3 must be from same theme

**GENERAL REQUIREMENTS**

- 124 Total credits
- 40 Upper-division credits
- Cumulative GPA ≥ 2.0**
- Major GPA ≥ 2.0**
- **Unless major requires higher GPA**

### FALL

<table>
<thead>
<tr>
<th>Dept</th>
<th>Course #</th>
<th>Designation</th>
<th>Cr</th>
</tr>
</thead>
<tbody>
<tr>
<td>INTG</td>
<td>105</td>
<td>LF</td>
<td>4</td>
</tr>
<tr>
<td>INTG</td>
<td>100 (or 200)</td>
<td>SW Truth</td>
<td>4</td>
</tr>
<tr>
<td>LANG</td>
<td>111</td>
<td>SW Truth</td>
<td>4</td>
</tr>
<tr>
<td>SOCI</td>
<td>111 req.</td>
<td>SW Truth</td>
<td>4</td>
</tr>
<tr>
<td>XXX</td>
<td>XXX</td>
<td>XXX</td>
<td>4</td>
</tr>
<tr>
<td>XXXX</td>
<td>1XX</td>
<td>AE/AR</td>
<td>4</td>
</tr>
<tr>
<td>LANG</td>
<td>211</td>
<td>SW Truth</td>
<td>4</td>
</tr>
<tr>
<td>SOCI</td>
<td>205 req.</td>
<td>SW Truth</td>
<td>4</td>
</tr>
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### SPRING

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<tbody>
<tr>
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<td>121 req.</td>
<td>CI</td>
<td>4</td>
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<tr>
<td>THEO</td>
<td>111</td>
<td>TE</td>
<td>4</td>
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<tr>
<td>LANG</td>
<td>112</td>
<td>BE</td>
<td>4</td>
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<tr>
<td>SOCI</td>
<td>230</td>
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<td>4</td>
</tr>
<tr>
<td>XXXX</td>
<td>XXX</td>
<td>XXX</td>
<td>4</td>
</tr>
<tr>
<td>XXXX</td>
<td>3XX (elective)</td>
<td>SW Truth</td>
<td>4</td>
</tr>
<tr>
<td>XXXX</td>
<td>3XX</td>
<td>SW Truth</td>
<td>4</td>
</tr>
<tr>
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</tbody>
</table>

**Study Abroad Semester**

**Summer Internship/Study Abroad/Course Plans:**

**Advising Notes:**
Integrations Curriculum: Planning Notes

Foundational Courses

College Success INTG 105 (1 cr): first semester

Learning Foundations INTG 100: fall or spring of first year. Can be fulfilled by INTG 200 (2cr) with transferred College Writing course.

Cultural & Social Difference: Identity (CI): fall or spring of first year

Theological Explorations (TE): complete within first three semesters and prior to upper-level Theological Integrations.

Upper Level Coursework

Theological Integrations (TI) is to be completed after the lower-level Theological Explorations course.

Cultural & Social Difference: Systems (CS) is to be completed after the lower-level Cultural and Social Difference: Identity.

Learning Integrations (INTG 300): will be completed in either junior or senior year. Requires completion of thematic course work and all three Engagement requirements before or during semester of learning integration.

Ways of Thinking and Themes

Look carefully for appropriate designations—different sections of a particular course may have different designations.

May be courses in majors/minors.

Maximum of two ways of thinking from a single department.

Three courses in the same Theme are required; each must be in a different Way of Thinking.

Additional Requirements

Course work in Ways of Thinking, Themes, majors and minors may also carry designations or opportunities for:

- Quantitative Reasoning
- Artistic Engagement: two qualified Artistic Engagement are a part of required coursework. Additionally, a student must attend another two qualified Artistic Engagement events either independently or as a part of a course with an AR designation.
- Experiential Engagement: can be met in study abroad or in on-campus course work.
- Global Engagement: can be met in study abroad or in on-campus course work.
- Benedictine Requirement: can be met in study abroad or in on-campus course work.

Global Language

Additional proficiency options are available for bilingual students:

- English Reading/Writing for US bilingual students. Contact Theresa Anderson in Academic Advising or Sarah Pruett in Languages & Cultures.
- Proficiency Assessment in heritage or immersion language. Contact an Academic Advisor.
- English as a Second Language for international students. Contact Lisa Scott in Academic Advising or Sarah Pruett in Languages and Cultures.

Note: If heritage or immersion language is French, German, or Spanish, online placement exam is required to determine eligibility for options above. Placement exam links are available on the Academic Advising web site.
Integrations Curriculum: A Quick Look at the Four-Year Plan

Year One:
- Students must complete Learning Foundations (INTG100: LF) in the first year
  - If they have transferred in a college-level writing course, they will take INTG200 (Leanings Explorations: LE), a two-credit course
- Students must complete a Culture and Social Difference: Identity (1xx; CI) in the first year
- Students must complete Theological Explorations (THEO100: TE) in their first three semesters
- We recommend beginning or completing the language requirement, particularly if continuing a language from high school (CHIN, FREN, GERM, GREK, HISP, LATN, JAPN, 111, 211, 212)
- Student will likely complete a Way of Thinking (AS, AE, HE, NW, SW) in their other 100-level and 200-level courses as they explore potential majors.
  - We expect some will have a designated theme and be considered a Thematic Encounter (T1-Truth, M1-Movement, T1-Truth).
  - Artistic Expression (AE) may carry the Artistic Engagement (AR) requirement
  - Quantitative Reasoning (QR) may also be carried by one of these courses.

Year Two:
- Students must complete Theological Explorations (THEO100: TE) in their first semester if they have not yet taken it in their first year.
- Students will continue to explore different Ways of Thinking (AS, AE, HE, NW, SW) as they continue to explore and complete pre-requisites for their major.
  - We expect some will have a designated theme and be considered a Thematic Encounter (T1-Truth, M1-Movement, T1-Truth).
  - Artistic Expression (AE) may carry the Artistic Engagement (AR) requirement
  - Quantitative Reasoning (QR) may also be carried by one of these courses.
- Students may complete their language requirement

Year three:
- Students will usually take their thematic focus (TF) Way of Thinking (AS, AE, HE, NW, SW). They must have completed LF/LE, CI, and TE before taking this class.
  - This course will carry a theme (Thematic Focus-Justice, Thematic Focus-Movement, Thematic Focus-Truth).
  - This course must be the same theme as one of their Thematic Encounter1/2 course and Thematic Encounter 3 course. They could potentially take this in their sophomore year if they are ready to choose a theme.
- Students who study abroad for the semester will complete their Experiential Engagement (EXP) and Global Engagement (GLO) requirements.
  - One of these courses might carry the Benedictine Raven (BN) requirement.
- Students complete upper level (300-level) Thematic Encounters as part of their major, study abroad, or based on their interests.
  - Students must take at least one 300-level Thematic Encounter 3 with the same theme as their Thematic Focus course.
  - One of these courses might carry the Benedictine Raven (BN) requirement.

Year four:
- Students complete Theological Integrations (TI) during their third or fourth year.
- Students must complete Learning Integrations (INTG300; LI) during their senior year.
- Students complete upper level (300-level) Thematic Encounters as part of their major, study abroad, or based on their interests.
  - Students must take at least one 300-level Thematic Encounter 3 with the same theme as their Thematic Focus course.