**Dietetics: Sample Four-Year Plan**

<table>
<thead>
<tr>
<th>Foundational Courses</th>
<th>Ways of Thinking</th>
<th>Additional Requirements</th>
<th>Global Lang.</th>
</tr>
</thead>
<tbody>
<tr>
<td>&quot;College Success—INTG 105&quot;</td>
<td>Abstract Structures (AS)</td>
<td>Artistic Engagement (AR)</td>
<td>111</td>
</tr>
<tr>
<td>&quot;Learning Foundations—INTG 100&quot;</td>
<td>Artistic Expression (AE)</td>
<td>Experiential Engagement (EX)</td>
<td>112</td>
</tr>
<tr>
<td>&quot;Cultural &amp; Social Difference: Identity (CI)</td>
<td>Human Experience (HE)</td>
<td>Global Engagement (GL)</td>
<td>211</td>
</tr>
<tr>
<td>&quot;Theological Explorations (TE)&quot;</td>
<td>Natural World (NW)</td>
<td>Benedictine (BE)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Social World (SW)</td>
<td>Quantitative Reasoning (QR)</td>
<td></td>
</tr>
</tbody>
</table>

**INTEGRATIONS CURRICULUM**

<table>
<thead>
<tr>
<th>Foundational Courses</th>
<th>Ways of Thinking</th>
<th>Additional Requirements</th>
<th>Global Lang.</th>
</tr>
</thead>
<tbody>
<tr>
<td>College Success—INTG 105</td>
<td>Abstract Structures (AS)</td>
<td>Artistic Engagement (AR)</td>
<td>111</td>
</tr>
<tr>
<td>Learning Foundations—INTG 100</td>
<td>Artistic Expression (AE)</td>
<td>Experiential Engagement (EX)</td>
<td>112</td>
</tr>
<tr>
<td>Cultural &amp; Social Difference: Identity (CI)</td>
<td>Human Experience (HE)</td>
<td>Global Engagement (GL)</td>
<td>211</td>
</tr>
<tr>
<td>Theological Explorations (TE)</td>
<td>Natural World (NW)</td>
<td>Benedictine (BE)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Social World (SW)</td>
<td>Quantitative Reasoning (QR)</td>
<td></td>
</tr>
</tbody>
</table>

**Upper Level Coursework**

<table>
<thead>
<tr>
<th>Themes*</th>
<th>GENERAL REQUIREMENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>&quot;Theological Integrations (TI)&quot;</td>
<td>124 Total credits</td>
</tr>
<tr>
<td>&quot;Cultural &amp; Social Difference: Systems (CS)&quot;</td>
<td>40 Upper-division credits</td>
</tr>
<tr>
<td>&quot;Learning Integrations—INTG 300&quot;</td>
<td>Cumulative GPA ≥ 2.0*</td>
</tr>
<tr>
<td>*all three must be from same theme</td>
<td>Major GPA ≥ 2.0*</td>
</tr>
<tr>
<td></td>
<td>*Unless major requires higher GPA</td>
</tr>
</tbody>
</table>

**Fall 2020**

- INTG 100 – Learning Foundations (4)
- INTG 105 – College Success (1)
- LANG 111 – Global Language (4)
- BIOL 101 (with lab) – Foundations of Biology (4)
- NUTR 125* (with lab) – Concepts of Nutrition Science (with lab) (4) (NW, Justice)

**Spring 2021**

- CSD 100 – Cultural and Social Difference: Identity (4) (CI)
- BIOL 216 – Physiology in Practice (4)
- LANG 112 – Global Language (4)
- NUTR 225 – Experimental Food Science (with lab) (4) (NW, Movement)
- NUTR 125* (with lab) – Concepts of Nutrition Science (with lab) (4) (NW, Justice)

*Fall or Spring

**Fall 2021**

- CHEM 125 – Intro. to Chemical Structures and Properties (4)
- NUTR 323 – Public Health Nutrition (4) (SW)
- THEO 100 – Theological Exploration (4) (TE)
- LANG 211 – Global Language (4)
- NUTR 125* (with lab) – Concepts of Nutrition Science (with lab) (4) (NW, Justice)

**Spring 2022**

- CHEM 250 – Reactivity I (4)
- NUTR 220 – Exploring Weight Issues (2)
- Human Experience Course (4) (HE)
- MATH 124* – Probability and Statistical Inference (4) (AS, QR)
- Artistic Expression Course (4) (AE)

*Fall or Spring

**Fall 2022**

- NUTR 330 – Nutritional Biochemistry (with lab) (4)
- NUTR 341 – Nutrition Education (2)
- NUTR 342 – Interviewing & Counseling (2)
- Additional 4+ credits
- CSD 300 – Cultural and Social Difference: Systems (4) (CS)

**Spring 2023**

- NUTR 312 – Nutrition Assessment (2)
- NUTR 320 – Micronutrients (2)
- NUTR 230 – Food & Culture (2)
- Additional 2+ credits
- CSD 300 – Cultural and Social Difference: Systems (4) (CS)

**Fall 2023**

- NUTR 333 – Nutrition Therapy, Chronic Disease (4)
- NUTR 343 – Food Production & Procurement (with lab) (4)
- NUTR 305 – Leadership in Dietetics (2)
- THEO 300 – Theological Integrations (4) (TI)
- NUTR 395 – Nutrition Capstone (2)
- INTG 300 – Learning Integrations (TI)

**Spring 2024**

- NUTR 337 – Nutrition Therapy, Critical Care (4)
- NUTR 345 – Entrepreneurship in the Food Industry (with lab) (4)
- NUTR 395 – Nutrition Capstone (2)
- INTG 300 – Learning Integrations (TI)

**Additional requirements to be met include Artistic Engagement (AR), Experiential Engagement (EX), Global Engagement (GL), and Benedictine Engagement (BE). These requirements can sometimes be met through specific classes, but studying abroad, attending artistic performances, and other out of class activities may be able to meet these requirements.**

† This is a sample schedule. Courses do not have to be taken in this exact order. Please consult with a faculty member or advisor in the Nutrition department for further clarification.