

CSB|SJU Community

A newsletter for the faculty and staff of the College of Saint Benedict/Saint John's University

March 2002

Guest Lecturers Discuss Academia's Highs and Lows

prepared by *Glenda Isaacs Burgeson*
Community editor

Student grades are up; study time is down. Faculty productivity is up, as is faculty stress, according to recent CSB/SJU guest lecturers Alexander and Helen Astin.

They discussed some of the ups and downs of academic life in their presentation "Faculty Careers: Choices and Consequences," on Feb. 20, at the SJU Alumni Lounge and in mini-workshops on Feb. 21 at the Haehn Campus Center. Their two-day residency was sponsored by the Learning Communities Program, the Learning Enhancement Service and the Provost's office as part of an effort to launch a continuing focus on faculty and staff as the major assets at our institutions.

Alexander Astin is the director of the UCLA Higher Education Research Institute, the sponsor of national survey research on faculty roles, values and rewards. Helen Astin has worked with the Kellogg Foundation on projects related to gender and leadership. Their most recent publication is *Leadership Reconsidered: Engaging Higher Education in Social Change*.

Helen Astin views a shift in pedagogical practices in higher education as a consequence of social change in recent decades. The women's movement and feminist writings —

with an emphasis on different voices — has influenced much of that change, she said. As more women have joined the faculty, they have brought a student-centered perspective to the campus, leading to a shift from the teaching model to a learning model.

Among other changes, she discussed an emphasis on producing learning rather than delivering instruction. Instead of offering courses, we now create powerful learning environments. The notion that staff provides faculty support has shifted to a recognition that all staff members are educators.

Faculty report they are publishing more, but spend less time on publishing. Helen Astin said the explanation may be that the increase in publishing outlets accounts for the increase in publishing activity, while greater technology accounts for greater efficiency and less time spent.

Faculty governance has increased faculty workloads and Alexander and Helen Astin said they have identified a growing recognition among faculty of the stress associated with academic life. Based on both quantitative and qualitative data, they described an academic environment where faculty work is divorced from values, and where students are disengaged — over the past 30 years, the

(Continued on Back Page)



Kay Wolsborn (left), CSB/SJU professor of political science and director of the CSB/SJU Learning Communities Program, with Alexander and Helen Astin.

CSB Receives \$3.6 Million Gift to Endow Chair

CSB has received a \$3.6 million gift to establish its first academic chair, the Koch Chair in Catholic Thought and Culture, President Mary E. Lyons has announced.

The gift, the largest in the school's history, was donated by CSB Board of Trustees member Barbara Gray Koch and her

husband David Koch of Long Lake, with \$3 million designated for the endowed chair and \$600,000 for the school's annual fund.

Look for the complete story in the April issue of Community.

Campus News

SJU Wrestling Coach Achieves 250th Career Victory

prepared by Communication and Marketing Services

On Saturday, Jan. 26, SJU head wrestling coach John Elton attained his 250th career dual-meet victory as the Johnnies defeated Carleton 57-0 at the MIAC Dual Meet Tournament in Moorhead. SJU is currently 9-6 in dual meets this season. Elton, in his 21st season as head coach, has compiled a 250-84-5 career record.

Graduating with honors in 1980 from SJU, Elton started his competitive wrestling career at Bloomington Lincoln High School. In 1976, Elton placed second at 145-pounds in the Minnesota State Wrestling Tournament. As a collegiate wrestler, Elton was a four-year standout for the Johnnies and captured a National Catholic Championship during his senior season. Elton also qualified for the NCAA tournament at 150-pounds in 1979 and 1980 and the NAIA tournament in 1977 and 1978.

In 1981-82, SJU had a 4-5-1 record during Elton's first year as head coach. Since that season, SJU has never dropped below .500 and has won 10 or more dual meets 17 times. In 1992-93 and 1994-95, SJU teams claimed a school record 16 dual meet wins. Last season, SJU finished with a 12-4 record and finished 18th at the NCAA Div. III wrestling championships, with one athlete winning the national title and three earning Scholar All-America honors. Elton has been named MIAC coach-of-the-year four times in his career.

At the national level, SJU has qualified athletes to the NCAA Div. III tournament in 13 of the past 14 seasons — including 17 NCAA All-Americans, 24 Scholar All-Americans and two NCAA individual national champions.

Communication Bloopers Come With the Territory of Cross-Cultural Interaction

Editor's note: This is the second of a two-part feature on the collaborative efforts that can realize and enhance the experience of diversity among all members of our community. Last month, we featured the work of Theresa McNutt, director of multicultural programs, and Theresa Anderson, academic advisor for multicultural students.

prepared by Glenda Isaacs Burgeson
Community editor

Imagine that yes means no and no means yes; you have just entered the sometimes baffling territory of cross-cultural communication, an area inhabited everyday by Lynda Fish and Kate Kamakahi.

Fish, as academic advisor for international students, and Kamakahi, as director, International Student Program Office, work to fill the gaps in communication when cultures collide. To be sure, they have other responsibilities as well, but all too often, communication is the key to sorting through the confusion our international students experience.

For example, Fish said a professor contacted her with concerns that a student was having academic problems. When she contacted the student, the student said everything was fine. Fish resolved the matter when she discovered the student shook his head no, to indicate that, yes, he understood the material. The professor thought he meant no, he didn't understand.

Not every problem is so easily solved, but Fish and Kamakahi work together closely to address the variety of problems that arise. Recently, a student had problems with his visa and could not re-enter the United States in time to begin spring classes. While Kamakahi worked with the consulate to resolve the paperwork, Fish alerted the student's professors that the student would miss class time. Once on campus, the professors helped the student catch up on the missed material.

While Kamakahi assists students with documentation, she also works to give students the skills to adjust emotionally and culturally to life in a foreign land. Because she and Fish work with such a diverse group — 125 students from 39 countries — a one-size-fits-all solution doesn't always work. Instead, they must familiarize themselves with a variety of cultural behaviors and assumptions.

A matter as simple as a common greeting — "Hi, how are you?" — requires explanation, because

some international students may take the question literally, Fish said. They may have to learn that the proper response is not a detailed description of their condition, but rather, "Fine, thanks," or, perhaps, the Minnesota reply, "Not too bad."

Academically, international students must adjust to a different style of learning, with our emphasis on critical thinking rather than rote memorization. Initially, some of them are bewildered by classroom etiquette here, as when national students eat or drink in the classroom, talk out of turn and don't always raise their hands, and professors interact casually with students.

Slang and idiomatic expressions can be perplexing, Fish said. Sometimes the international student will comprehend the professor with ease, but struggle to understand class discussion because the other students pepper their comments with slang. Class discussion also can be challenging for students who, prior to coming to the United States, have never been allowed to voice an opinion.



Kate Kamakahi (left), director, International Student Program Office, and Lynda Fish, academic advisor for international students.

When the professor asks, "What is your opinion?" the student might naturally answer, "I have no opinion," having never been permitted the luxury of a personal opinion, Fish explained.

Both Fish and Kamakahi know first-hand the dynamics of culture shock, and the emotional roller-coaster it can trigger. They each have experience as exchange students. Fish, who studied in Japan, said, "We know what it's like. At first, it's wonderful. Then, it's frustrating because you can't always communicate what you want."

Kamakahi, who spent a year as an exchange student in South Africa, agreed that culture shock can be traumatic.

Together, Fish and Kamakahi design programs to help international students feel more comfortable in their new environment. They arrange mentoring by more experienced international students who have successfully adjusted to their environment. They

also look for ways to increase interaction between international and national students, so that cross-cultural communication can occur more naturally, through friendship. For example, monthly ice cream socials at International House, sponsored by the International Student Program Office, encourage interaction.

Such interaction, however, can be difficult to achieve. Our national students, while friendly once they get to know international students, usually don't take the first step to meet international students, Fish and Kamakahi said.

For some national students, that may change. Kamakahi said she and her husband, sociology professor Jeffrey Kamakahi, spent last fall in China, with 30 CSB/SJU students in a study abroad program. As the students experienced culture shock, many asked of Kamakahi, "Is this what our international students experience?"

"Now, they want to be more involved with our international students. These are juniors and seniors who have never interacted with an international student," she said.

Opportunities for interaction exist as well for interested faculty and staff. For example, transportation needs often arise for routine errands or the occasional visit to the dentist. To inquire about volunteer opportunities, contact Kamakahi at #5704.

The Rev. Godfrey Diekmann,
Noted Liturgist, Editor
and Teacher, Dies at 93

prepared by Fr. Daniel Durken

The Rev. Godfrey Diekmann, Benedictine monk and priest of Saint John's Abbey, died Friday, Feb. 22, at the abbey's retirement center. A Mass of Christian Burial was celebrated Wednesday, Feb. 27, in the Abbey/University Church.



Rev. Godfrey Diekmann

The Rev. Diekmann was born in Roscoe, Minn., on April 7, 1908, the sixth of eight children of John and Rosalie (Loxtercamp) Diekmann. He completed his high school and college education at Saint John's Preparatory School and University and made his initial commitment to the Benedictine way of monastic life in 1926. He pursued theological studies at the International Benedictine College of St. Anselm in Rome, was ordained to the priesthood there in 1931 and received the doctorate in sacred theology in 1933.

Returning to Collegeville, Diekmann began almost six decades of teaching liturgy and the early Christian writers at Saint John's and other universities from the Catholic University of America, Washington, D.C., to the University of San Francisco.

In the decades preceding the Second Vatican Council (1962-65), Diekmann was involved in the liturgical renewal of the Catholic Church through his association with the Benedictine Rev. Virgil Michel, a pioneer of liturgical reform in the United States. At the death of Michel in 1938, Diekmann became the editor of the premiere journal of liturgical studies, *Orate Fratres*, later renamed *Worship*.

In great demand as a lecturer and director of retreats for priests and religious, Diekmann was instrumental in promoting active participation in the Church's public worship. He was a persistent advocate of the use of the vernacular language and the revision of sacramental rites.

One of Diekmann's most significant contributions was his leadership in drafting the Constitution on the Sacred Liturgy, the document of the Second Vatican Council that has had the most impact on contemporary Catholic worship. He served as a peritus or expert consultant during the Council and played a central role in the approval and implementation of liturgical changes. He was the founder and member of the International Committee on English in the Liturgy, a member of the Consilium for Implementing the Liturgical Reforms of Vatican II and a consultant to the American Bishops Committee on Liturgy.

Diekmann's interest in the unity of Christian Churches led to his membership in the National Lutheran-Catholic Dialogue. He was a founding fellow and resident professor at the Ecumenical Institute for Advanced Theological Studies at Tantur, Israel, and a founder and member of the Interdenominational International Consultation on English Texts of the Liturgy.

He was co-founder with the Quaker leader, Douglas Steere, of the Ecumenical Institute of Spirituality.

Bearing witness to the profound bond between worship and social regeneration, Diekmann was present when Martin Luther King Jr., proclaimed to all Americans, "I have a dream" In his teaching, he stressed the centrality of the liturgy as the source and summit of the true Christian spirit that must overflow into the work for justice and peace. He took part in the 1965 civil rights march in Selma, Ala., where he carried a banner that read, "Selma is in Minnesota, too."

Diekmann received honorary degrees from 10 colleges and universities. In 1963 he was awarded the Cardinal Spellman Medal of the Catholic Theological Society of America. He was the 1972 recipient of the Gerald Ellard Award from the New

Campus News

CSB/SJU Biology and Chemistry Departments Awarded Grants

prepared by Communication
and Marketing Services

David Mitchell, assistant professor of biology, and Henry Jakubowski, associate professor of chemistry, have received a \$60,000 Merck/AAAS grant over three years which will be used for a fellowship program for student involvement in research projects during the academic year.

Faculty members from the biology and chemistry departments have selected five CSB/SJU students as Merck scholars to conduct research involving biology and chemistry. Each student will work with two faculty members from the biology and chemistry departments and will receive a stipend of \$1,200 for research and funds for travel expenses. Their research results will be presented at a national meeting.

Campus News

Reflections by Fr. Don Talaious Available

A limited edition of *A Word for the Day*, a book of reflections by Fr. Don Talaious, SJU Alumni Relations, is currently available at The Liturgical Press. For inquiries or orders, call 1-800-858-5450. It is also available at the SJU Bookstore.

England Liturgical Commission for singular contribution to the liturgical life of America. In 1977 the North American Academy of Liturgy presented him with its prestigious Berakah Award. In 1997 the Saint John's School of Theology•Seminary honored him by establishing The Godfrey Diekmann, OSB Center for Patristics and Liturgical Studies. Memorials to the Diekmann Center are welcome and should be sent to the Saint John's School of Theology•Seminary.

Among his Collegeville colleagues Diekmann is especially revered and remembered as the abbey's chief harvester of mushrooms, watercress and wild leeks to add variety to the monastic menu.

Grants Awarded to Advance Theology Research

Fr. Kevin Seasoltz, professor of theology, has received a \$45,000 sabbatical grant from the Louisville Institute to support work on his book, *The Sense of the Sacred: Theological Foundations of Sacred Art and Architecture in 2002-2003*. Fr. Kevin is one of only five people chosen to receive these grants. The other recipients are from Yale, Emory, Loyola (Chicago) and Lutheran School of Theology. Fr. Kevin is the second School of Theology•Seminary recipient of the Louisville Institute Sabbatical Grant Award in the past two years. Dr. Gina Wolfe, associate professor of theology, received a grant of \$32,346, in 2000-2001, to pursue a research project titled: *Mission Integrity and Organizational Ethics in Catholic Higher Education*.

In December 2001, Dr. William Cahoy and the SJU School of Theology•Seminary also received a grant of \$21,300 from the Louisville Institute, in their general grant category, for a project titled: *Ministry Facing the Future: Priests, Lay Ministers and Faculty Explore the Issues, Challenges and Opportunities of Contemporary Parochial Ministry*.

Saint John's School of Theology•Seminary is one of 20 Christian and Jewish theological schools selected by the Carnegie Foundation for the Advancement of Teaching to participate in a national study of effective teaching and learning in theological education. The purpose of the study is to better understand how theological education in a variety of Jewish and Christian faith traditions fosters the development of a pastoral/priestly/rabbinic imagination that integrates knowledge and skills with moral integrity and religious commitment. The findings of this study will be part of a larger comparative study of professional education in such fields as law, medicine and engineering.

Students Answer Gospel Call through Alternative Spring Break Service Trips

*prepared by S. Eunice Antony
Benedictine values consultant,
CSB Campus Ministry*

"I was hungry and you gave me food; thirsty, and you gave me drink; naked and you clothed me; a stranger and you welcomed me" (Matthew 25:35-36). Almost 240 CSB/SJU staff and students responded to that gospel command during Spring Break, Feb. 22-March 1. The service trips took them to 19 national sites and one international site at "Robin's Nest Children's Home," Montego Bay, Jamaica. This site is a home for children run by a woman who is a Minnesota native. The 19 national service areas extended to 15 different states, with four states having two sites each.

Staff and students who applied for and were accepted for these service trips participated in extensive training as well as a variety of fund raising projects. Participants interviewed and were placed on a trip in the area of their interest, ranging from youth issues, educational projects, housing restoration, shelters and homes or environmental/ cultural issues.

The service trip co-leaders included staff members Larry Schug, John Deuhs, Michelle Overtoom, Sara Rothenberger and Chris Thompson, along with 27 CSB students and 10 SJU students. Why would these almost 240 people do service trips? These are some of the comments they have made in previous years:

"I learned tolerance, patience, love and so many other emotions in a new and different way. [I] have new eyes that I now see the world through. My experience could never have a price tag, and my new perspectives on social justice will be infinitely beneficial in my life" (CSB student.)

"There are too many things I have learned, experienced, discovered, understood, hated, misunderstood, cried about, laughed about, cringed about, got angry about, hugged about, talked about that I have nothing left to put on paper. Writing on here (evaluation form) doesn't do the experience justice. Thank you for the experience. I will be back" (SJU student.) (This student was a co-leader this spring.)

"[I gained] much insight into race, the black culture, violence, children and urban problems" (CSB student.)

Carla Durand, CSB associate campus minister, coordinated the Alternative Spring Break program.

Campus News

Nursing Department Receives NCLEX Results

prepared by Communication and Marketing Services

The CSB/SJU nursing department has received the National Council Licensure Examination (NCLEX) results. This year, 61 CSB/SJU nursing students took the exam with a 90 percent passing rate. Nursing graduates must pass the NCLEX in order to receive licensure as registered nurses.



Winter Walk — The boardwalk at the SJU Arboretum attracts critters as well as humans.

CSB/SJU Faculty Member
Recipient of Sigma Theta Tau
International Scholarship Award

*submitted by Kathleen Ohman, RN, EdD
professor, department of nursing*

Denise Meijer was the recipient of the 2002 Sigma Theta Tau International, Kappa Phi Chapter Scholarship Award. The scholarship in the amount of \$500 is awarded in alternate years to an undergraduate nursing student or a registered nurse pursuing graduate work. This year the scholarship was awarded to a registered nurse pursuing graduate work.

Sigma Theta Tau International, the only worldwide honor society of nursing, is a prestigious organization of nurse leaders, scholars and researchers, with chapters at more than 400 colleges and universities in Australia, Canada, South Korea, Taiwan and the United States. The society has more than 230,000 members in 73 countries.

Criteria for selection of the recipient include academic achievement of 3.0 or above, academic accomplishments, professional contributions, goals

and financial need.

Meijer, currently a CSB/SJU nursing faculty member, has pursued coursework to complete the nurse practitioner program in women's health. She provided strong service and commitment during her 600 (unpaid) hours of mentored clinical experience. Meijer's goal is to combine teaching and practice efforts to establish a clinic for women. She is especially interested in developing a clinic on the CSB campus since female students currently receive their health care at SJU.

Meijer's academic achievements include graduating summa cum laude from Bethel College and excelling in graduate school at the University of Minnesota. She has a master's in nursing with a double focus on perinatal and women's health and the nurse educator in higher education.

Meijer has presented at local conferences and a national and international conference. In 2000, she was an invitational speaker at a conference for graduate nursing faculty and students at the University of Groningen, The Netherlands. She is an active member of Sigma Theta Tau, Kappa Phi Chapter, serving as chair of the nominating committee.

Campus News

CSB/SJU Chamber Choir Goes on National Tour

The CSB/SJU Chamber Choir performed at various locations throughout the United States from Feb. 19 through March 4, with appearances in six states. The concert included selections from centuries of music, including Gregorian chant and pieces by Jan Sweelinck, Juan de Lienas, Mikolaj Zielencki, Robert Washburn, Albert Grau and Bruce Sled. The choir is directed by Axel Theimer, CSB/SJU music professor.

Book Award Nominees Feature Saint John's Potter

*submitted by John Taylor
SJU associate vice president,
Institutional Advancement*

SJU artist-in-residence and master potter Richard Bresnahan plays a role in two books nominated for the 14th annual Minnesota Book Awards, announced by the Minnesota Humanities Commission. *Body of Clay, Soul of Fire, Richard Bresnahan and the Saint John's Pottery* is one of three finalists in the history and biography category. Winners will be announced at a ceremony April 12, at the Fitzgerald Theater in St. Paul.

Bresnahan is also featured in *Renewing the Countryside*, a book that tells 43 stories of Minnesotans protecting the environment and promoting rural communities through innovative businesses and community projects. His story is titled "Harvest Nature Beautifully." The book was a semi-finalist.

The "Body of Clay, Soul of Fire: Richard Bresnahan and Art from the Saint John's Pottery" exhibit closed on Feb. 8, at the Saint John's Art Center. It moves to the Visual Art Center at the Washington Pavilion of Arts and Sciences, Sioux Falls and opens there on April 19. Bresnahan and Grotto Foundation Apprentice Shumpei Yumaki open the show with a day-long Pottery Symposium on Saturday, April 20. That evening, the Saint John's Alumni Association will host a reception. After Sioux Falls, the show moves to the University of Minnesota-Morris and opens there on Sept. 12.

More than 1,400 visited the Art Center during the show's run and Bresnahan hosted hundreds of visitors during the exhibit. High school and middle school classes from Elk River, Willmar, Melrose, Holdingford, Long Prairie, Albany and Blaine; university students from North Dakota State, University of Minnesota-Morris, University of Wisconsin-Madison, Alexandria Technical College and Normandale and Inver Grove Heights Community Colleges have visited. Representatives from the Nagasaki-St. Paul Sister City committee, Japan American Society and Twin City Tea Ceremony have also made the journey to the Studio. The CSB/SJU Upward Bound program visited as did classes from professors Louis Johnston, Joe Des Jardins, Lisa Stanley and David Paul Lange OSB. The mayor of Okinawa and two legislators also called on the Studio during their visit to campus.

Bresnahan was also featured in "Twenty-Two Ways of Clay," a National Ceramics Invitational at The Meadows Gallery, Cowan Fine and Performing Arts Center, The University of Texas at Tyler. The show was curated by Gary C. Hatcher and was open from Oct. 26, 2001 through Jan. 8.

CSB/SJU Chemistry Department Receives Shimadzu Grant

*prepared by Communication
and Marketing Services*

CSB/SJU received a research grant for \$60,000 from Shimadzu Scientific Instruments for the purchase of a high pressure liquid chromatography-mass spectrometer (LC-MS) system. The system will be used in the teaching of chemistry and biochemistry curriculums. The grant was made possible by Kate Graham, CSB/SJU professor of chemistry, in collaboration with faculty from the CSB/SJU chemistry and biology departments.

A LC-MS system will enhance many courses and research projects in chemistry and biochemistry at CSB/SJU. For the first time, biochemistry labs will have the ability to carry out detailed and direct studies of protein structure, protein/protein interactions and structure/activity relationships. A LC-MS system with these capabilities will enhance many courses and research projects in chemistry and biochemistry. It will also allow the involved faculty to gain new insights in their areas of research and provide the opportunity to gather data that will be published. Professors at CSB/SJU view this instrument as a critical tool in providing students with a foundation in modern instrumentation used in graduate schools and research facilities. LC-MS has become a routine method for structure determination in chemistry laboratories and should be an integral part of chemistry and biochemistry curriculum.

High pressure liquid chromatography is a modern method of liquid chromatography that allows for the rapid, high performance separation of chemical components of a mixture. Due to the widespread utility of this technique, it is used by chemists in all disciplines.

The purchase of a liquid chromatography system with a mass spectrometer as the detector will enhance the usefulness of the instrument. Using a mass spectrometer with a detector allows for detection of small quantities as well as determination of molecular weight and identification of unknown compounds. Due to the utility and increasingly affordable price, the use of LC-MS has become a standard tool for analysis and structure determination in contemporary chemical and environmental laboratories.

CSB/SJU has a strong record of preparing students for graduate and professional schools. The CSB/SJU chemistry department ranks 16 out of 914 institutions in number of graduates receiving a doctoral degree in chemistry. The 1998 Franklin and Marshall College report revealed that the CSB/SJU joint department was the baccalaureate origin for 32 students who have received the doctoral degree in chemistry from 1986-1995.

CSB/SJU Mock Trial Team Going to National Tournament

prepared by Communication and Marketing Services

CSB/SJU's mock trial team took second place at the North Central Regional Qualifying Tournament at Macalester College in St. Paul. The team competed against 18 other teams, and their second place finish qualifies them for the National Championship Tournament on April 5-7, at Drake University and Polk County Courthouse in Des Moines. The team's record for the season includes 18 wins and three losses. Also, Josh Smith-Hanen, SJU sophomore, won one of 10 Outstanding Attorney Awards given at the tournament.

The team operates under the Pre-Law Society and CSB/SJU political science department. Jim Read, professor of political science, coaches the team with the help of Jim Murphy, Phil Kronebusch and Scott Johnson, also members of the political science department. Two attorneys from St. Cloud, Dean Lanz and Olga Zenteno, act as attorney-coaches for the team.

At the regional tournament, the team advanced after tying with Macalester College in the first round and sweeping the rest of the tournament against Hamline, Concordia-Moorhead and St. Thomas by large margins. The top three teams in each regional tournament advance to the National Championship Intercollegiate Mock Trial Tournament. Sixty-four teams from across the nation will be vying for the national championship in April.

Mock trial competitions are administered by the American Mock Trial Association, and there are more than 350 teams nationwide. Each team receives the same case materials at the beginning of the season. Included in the materials are case law, witness statements and rules of evidence. Each team must prepare both sides of the case (e.g. prosecution and defense in a criminal trial). In each trial, six team members — three attorneys and three witnesses — attempt to portray their respective side of the case. The lawyers give opening statements, conduct direct examinations of their own witnesses and cross examinations of the other team's witnesses and give closing arguments. Judges score the teams on the quality of the presentation of each attorney and witness. The winner of the trial is not determined by the merits of the case (e.g. whether the judges would have convicted the defendant or not), but rather on the quality of the presentation.

CSB/SJU Course Helps Students Break Down Age Barriers

prepared by Communication and Marketing Services

A group of CSB/SJU students recently experienced what life may be like 50 or 60 years from now. On Wednesday, Feb. 6, four students in the first-year symposium course, "Gerontology: What does it really mean to be old?" spent the night as residents of the Good Shepherd Community in Sauk Rapids. Four more students arrived at Good Shepherd in the morning, Saturday, Feb. 9, to be "fed" breakfast.

Typical of this experiential-style course, students participating in the sleepover did not simply observe the residents and explore the environment. Instead, they were greeted at the door by Nancy Kollman, director of nursing and CSB alum, and "diagnosed" with a chronic illness. For the next 12 hours, they shared a room with a Good Shepherd resident, and ate, walked and slept only as their illness permitted.

The course, which has been offered for three years by CSB/SJU professor of nursing Laura Rodgers, draws students with a variety of backgrounds and interests. "At first, students are a bit hesitant about the course, but after two or three weeks, they're usually hooked," she said. "We explore topics such as Alzheimer's disease and sexual intimacy, public and social policies and normal and abnormal aging processes, so students can learn to recognize personal and social misconceptions of aging and challenge all stereotypes.

"Students are amazed to learn that only 5-10 percent of the elderly population live in nursing homes at any one time," Rodgers said. "They believe their grandparents are the only healthy senior citizens out there. But in the same sense, students learn the realities of growing old and confront their own fears of aging and dying. Typically, after the class, they're not as afraid anymore."

Rodgers hopes the course leaves the students with a sense of social responsibility toward the aging population. "Some of my students have gone as far as considering careers in nursing home administration as a result of the class. But hopefully, everyone walks away understanding how their power as a voting citizen can influence social policies that will impact their grandparents and even their own parents, while considering the effect these policies might have on their own destiny."

Campus News

Annual Lenten Food Drive Underway

The Annual Lenten Food Drive will conclude Thursday, March 28 (Holy Thursday). Collection boxes are located throughout campus buildings and residence halls. Cash and check donations will be collected at the CSB or SJU Student Accounts Offices. Food and proceeds will go to the Avon, St. Joseph, Southeast Central Stearns (Cold Spring) and Good News Church (St. Cloud) Food Shelves.

Campus News

SJU Head Coach David Johnson Named MIAC Co-Coach of the Year

St. Olaf College and Saint John's University Nordic skiing coaches Mike Nightingale and David Johnson were named 2002 Minnesota Intercollegiate Athletic Conference Men's Nordic Skiing Coaches of the Year. Nightingale led the Oles to their third consecutive MIAC title. Johnson helped the Johnnies improve to third place, jumping up one finish spot every season since the inception of Nordic skiing in the MIAC. Johnson is also the head Nordic skiing coach at CSB.

Reception to Precede MPR's Talking Volumes at CSB

Minnesota Public Radio and the College of Saint Benedict invite CSB/SJU faculty and staff to a reception preceding Talking Volumes on the CSB campus from 6:30-7:30 p.m. Monday, April 15, in the Gallery Lounge, Benedicta Arts Center.

MPR Talking Volumes host Katherine Lanpher will join the reception.

Please call CSB at #5020 or MPR at 800-228-7123 by April 12 if you plan to attend.

Auditorium seats will be reserved for reception guests for Katherine Lanpher's program featuring Bharati Mukherjee and her book, *Desirable Daughters*.

Talking Volumes is a multimedia, regional book club sponsored by the *Star Tribune*, Minnesota Public Radio and the Loft Literary Center. Readers can participate online, on the air, by reading the newspaper or attending special events.

SJU Hosts Visual Arts Exhibit

SJU is hosting visual artist Mollie Rabiner through April 12, in the Alice R. Rogers and Target Galleries, in the SJU Art Center. The exhibit is free and open to the public. The public is also invited to a reception with the artist from 5:30-7 p.m. Thursday, April 11, at the SJU Art Center Galleries, followed by a slide presentation in the Art Center Lecture Hall.

Rabiner combines objects such as metal fabrication, metal casting, ceramic tiling, sewing and various other materials to interpret her visions. Her curious twists of humor and experiences with relationships, personalities and attitudes are woven together in her expressive sculptural installations.

This event is sponsored in part by Target Stores, the Minnesota State Arts Board and the National Endowment for the Arts.

Gallery hours for the Alice R. Rogers and Target Galleries are 10 a.m. to 4 p.m., Sunday through Saturday. Extended gallery hours are until 9 p.m. Thursdays. Galleries are closed for Easter break March 28 through April 1.

CSB/SJU News Travels

*prepared by Tammy Hansen,
assistant director of communication,
electronic & print media
Communication and Marketing Services*

The Communication and Marketing Services (CMS) department works to create a presence for

CSB/SJU in the local and national news. Each year, CMS sends more than 10,000 news releases to various media outlets. The topics vary from campus events and activities to grants, research projects, human interest stories and more.

The result is significant media exposure. In the last quarter of 2001, the advertising value equivalent for CSB/SJU stories in the news was \$970,779 — that's the value of the exposure CSB/SJU received, figured by the column inches, air time, etc., had CSB/SJU purchased that same coverage.

How does a story become news? It's a process. CMS learns about newsworthy stories in a number of ways, but the best tips come directly from faculty, staff and students. If you have a story idea, please share it with CMS by completing the online press release request form at <http://www.csbsju.edu/news/cms/newsreleaseform.htm>.

And, if you are called by the media for an interview, please let CMS know. These stories often result in internal promotions or additional stories for the media.

Additional online resources:

To view a list of news releases distributed to the media, go to <http://www.csbsju.edu/news/archive/search.asp>.

CMS uses a clipping service to monitor CSB/SJU stories in the print media. Go to <http://www.csbsju.edu/news/media/default.htm>.

To learn about the online Media Resource Directory, go to <http://www.csbsju.edu/news/experts/EXPTLIST.html>. To be included in the directory, e-mail thansen@csbsju.edu.

To expedite requests for CMS help with publication needs, please complete the form at <http://www.csbsju.edu/news/cms/publicationform.htm>.

Faculty/Staff News

A paper co-authored by **Michael Reagan**, assistant professor of biology, and three CSB students has been accepted for publication by the journal *DNA Repair*. The paper, "Epistatic Analysis of the Roles of the RAD27 and POL4 Gene Products in Base Excision Repair in *S. cerevisiae*," is based on two years of research by Reagan and the students Karin Fossum, '00 chemistry/biology; Megan McInnis, '02 biology; and Gina O'Neill, '02 natural science. This work describes experiments designed to address the issue of whether a particular protein, DNA polymerase lambda, is involved in DNA repair in the baker's yeast *S. cerevisiae*.

Reagan also involved his molecular genetics class in the project, in which they prepared yeast strains used in the experiments and examined the DNA of a certain gene in order to ensure that it had mutated as designed.

This work was supported by FRDC awards and by the Rooney Endowment.

Susan Wood SCL, CSB/SJU professor of theology and associate dean, SJU School of Theology•Seminary, was invited by the Faith and Order Commission of the World Council of Churches to attend a consultation on theological anthropology and to deliver one of the main papers in Jerusalem, Israel, Feb. 17-25. She has also been invited by the Pontifical Council for Promoting Christian Unity, to take part in a project of the Joint Working Group between the World Council of Churches and the Catholic Church on "The Nature and Purpose of Ecumenical Dialogue." The other Catholic members of the group are Bishop Michael Fitzgerald, the secretary of the Pontifical Council for Inter-religious Dialogue and Msgr. John Radano from the Pontifical Council for Promoting Christian Unity. Wood also serves on the U.S. Lutheran/Roman Catholic Dialogue and has been appointed a member of the executive drafting committee of that group.

William Cahoy, dean of the School of Theology•Seminary, has published an invited essay, "Why Theology? A Catholic Reflection on Twenty Years of Literature on Theological Education" on a Web site established by the Lilly Endowment, Resources for American Christianity (<http://www.resourcingchristianity.org>).

Linda Mealey, professor of psychology, has received an invitation to give a plenary address next January at the meeting of the National Institute on the Teaching of Psychology. Mealey serves as president of the International Society for Human Ethology, which has recently received a \$1.5 million bequest.

Anna M. Thompson, CSB/SJU executive director of fine arts programming, was profiled in the Winter 2002 issue of VSA arts of Minnesota Arts Access. Besides her work at CSB/SJU, Thompson serves as vice president on the board of directors and chair of the marketing committee of VSA arts of Minnesota. VSA arts of Minnesota promotes quality, accessible arts experiences for people with disabilities. Arts Access is dedicated to increasing the awareness and the accessibility of the arts in the lives of all people. More information about VSA arts of Minnesota can be found at <http://mn.vsarts.org/>

Joyce Simones, associate professor of nursing, and Kathleen Ohman, professor of nursing, conducted separate poster presentations at the Critical Care Nurses Symposium in Bloomington, Minn. on Nov. 1, 2001. Ohman's presentation was on "Leadership in Critical Care" and Simones was titled

"Narrative Interviews as a Method of Research." The symposium, CROSSROADS: Challenges in Critical Care Nursing, was sponsored by the Greater Twin Cities Area Chapter of the American Association of Critical Care Nurses.

Tony Cunningham, professor of philosophy, published *The Heart of What Matters: The Role for Literature in Moral Philosophy* with the University of California Press in September 2001. Last fall, he presented "The Virtue of Fortitude" at the University of Notre Dame Australia. In April, he will present a paper, "Indignation," at the American Philosophical Association Meetings in Chicago and, in May, he will present a paper on modesty at Dalhousie University in Nova Scotia. He will also participate in an invited panel on the role for literature in political theory at the American Political Science Association Meetings in Boston this August.

Sharon Eicher, assistant professor of economics, participated in the Middle East and Islam Series, sponsored by the Plymouth Congregational Church in Minneapolis. It was a four-part series taking place in January and February. Eicher also presented a talk on "Islamic Societies" on Jan. 30.

Daniel Durken OSB, professor of theology, gave two lectures on the Bible to a class of adults at the Emmaus Centre, the Catholic retreat house for the Archdiocese of Nassau, Bahamas, on Jan. 8 and 10. The topic of his first presentation was "Methods for Reading and Praying the Bible." His second session was an overview of the Old Testament books of Joshua and Judges. This was the 20th year that Fr. Daniel has given these annual lectures in Nassau.

During his two-week stay at Saint Augustine's Monastery and College, the Benedictine campus in Nassau, Fr. Daniel was able to observe some of the damage done by Hurricane Michelle when this Category 1 storm swept over New Providence Island on Nov. 5. The roof of the bookstore of the high school was blown off by the 80-100 mph winds, the roof of a classroom was damaged by a fallen tree, and many trees were partially or totally uprooted. The 18-20 inches of rain that accompanied the wind swamped the playing fields of the school and submerged the entrance road into the campus. Classes were suspended for a week to allow for the cleanup of the campus. Fortunately there were no human fatalities.

Martin Connell, professor of theology, had an article featured in the November issue of *U.S. Catholic* titled, "Why Did Jesus Descend into Hell?" The full article is available at <http://www.csbsju.edu/news/media/SJU11-01.htm#U.S. Catholic>

The Welcome Mat

We welcome the following new CSB/SJU faculty and staff to our Community:

Maribeth Theis OSB, education faculty
Marcie Hagen, music faculty
Trina Rothstein, Events & Conference assistant (temporary)
Laura Horn, nursing faculty
Nathan Huerkamp, Food Service (temporary)
Stacy Schaefer, IT Services
Lorraine Kotschevar, Food Service
Michele Beckius, Upward Bound (temporary)
Steve Howe-Veenstra, Athletics, assistant coach
Mark Ohlmann, Athletics, assistant coach
Steve White, Athletics, assistant coach
Kathy Walker, Athletics, assistant coach
Colleen McKinney, Athletics, assistant coach
Polly Chege, Food Service (temporary)
Karen Champa, education faculty
Michelle Fjellman, accounting, adjunct instructor
Ellen Kain, music, adjunct instructor
Shannon Loehrke, music, adjunct instructor
S. Renee Rau, theology, adjunct instructor
Trudi Anderson, music, adjunct instructor
Karl Diekman, music, adjunct instructor
William Green, history, adjunct instructor
Robert McCarty, theology, adjunct instructor
Marian Seliski, nursing, adjunct instructor

Farewell to Friends

David Gunther, Transportation
Alan Marsh, IT Services
Julie Kulas, Food Service
S. Baulu Kuan, art faculty
Barb Grelson, Events & Conference assistant
Amanda Montag, Food Service

Campus News

Longtime Faculty Member Passes Away

Longtime faculty member Ed Murray passed away on Saturday, Feb. 2. Murray was an associate professor of education from 1969-1993. He continued to teach part time until 1996. Murray was also active in the athletic department as a basketball and tennis coach.

In the Media

A review of *The Sweet Season*, writer **Austin Murphy's** account of his experiences at Saint John's during the 1999 football season, appeared in the Nov. 5 issue of *Sports Illustrated*. Murphy appeared on National Public Radio's "Only a Game" program on Saturday, Nov. 3.

Rita Knuesel, CSB academic dean, presented "A Catholic Benedictine Education Prepares Students for A Lifetime," as part of Cathedral High School's Distinguished Alumni Speaker Series. Her presentation was featured in a *St. Cloud Times* article on Nov. 26.

Jody Terhaar, CSB associate dean of students/director of residential life, and **Jim Hardwick**, SJU dean of students, were featured Nov. 30, in a *Star Tribune* article, "Cracking Down on Alcohol Abuse: Disciplinary Cases Increase at Many State Colleges," about increased numbers between 1999 and 2000 in liquor law violations at MN colleges and universities. The full article is available at <http://www.csbsju.edu/news/media/CSB11-101.htm#Star Tribune>.

Edmund Sass, professor of education, was featured in the *Saint Paul Pioneer Press* on Nov. 4 in an article titled "Choose Online Homework Aids Carefully: Teachers Say Some Web Sites are Helpful But that Others Do Students Little Good." The article discusses pros and cons of Web sites geared toward bringing students and homework help together. The full article is available at <http://www.csbsju.edu/news/media/CSB11-1-01.htm#Saint Paul Pioneer Press5>.

James Koenig, director of the IT Services, was featured in the article, "Security: It's Academic," in the November issue of *Information Security*. Koenig commented on the unique challenge of providing IT security in a learning environment with multiple audiences. The full article is available at <http://www.csbsju.edu/news/media/CSB11-1-01.htm#Information Security>.

Jane Moening, financial systems director, shared her traditional deer hunting story in "Women in Woods Find Friendship, Solitude and Occasional Deer," which appeared in the Nov. 14 Associated Press State & Local Wire. The full article is available at <http://www.csbsju.edu/news/media/SJU11-1-01.htm#Star Tribune6>.

Br. Dietrich Reinhart, SJU president, and **Fr. Eric Hollas**, director of the Hill Monastic Manuscript Library, were featured in the October *U.S. Catholic*, in an article titled "As it is Written: Benedictine Monks and Calligraphers Create the Hand Written and Illustrated Saint John's Bible."

The full article is available at <http://www.csbsju.edu/news/media/SJU11-1-01.htm#U.S. Catholic2>.

Laura Rodgers, professor of nursing, and several students from her first-year symposium class, were featured in a Feb 8 *Star Tribune* article titled "Spending a night in a nursing home is an education in aging." The course was also featured in the *St. Cloud Visitor*, and Rodgers was interviewed on *WJON* as well.

Louis Johnston, assistant professor of economics, was featured in a Feb. 6 article in the *Saint Paul Pioneer Press* titled "Attitudes have turned upside down." Johnston commented on today's economic status and how it compares to past recessions and trends.

Jon McGee, vice president of institutional planning, research and communications, was interviewed on *WJON* on Feb. 5 regarding state funding and grants.

Martin Connell, professor of theology, was featured in the article "Some Christians reluctant to share one cup; Lone Star Living," which appeared in *The Dallas Morning News* and The Associated Press State & Local Wire. The full stories can be viewed at http://www.csbsju.edu/news/media/01_01_02.htm#The%20Associated%20Press%20State%20&%20Local%20Wire3.

John Harrington, SJU hockey coach, was featured in various articles about his membership with Team USA from 1980. The stories were "Miracle Memories Never Die: For the first time in nearly 22 years, all members of Team USA from 1980 will be together again" in the *Calgary Herald* on Jan. 29, and "We Didn't Have Limelight Guys" in *USA Today* on Jan. 16. The articles may be viewed at http://www.csbsju.edu/news/media/01_01_02.htm#Calgary%20Herald.

A photo of **Br. Richard Oliver**, abbey publicist and web master, appeared in an advertisement for Catholic Charities of the Archdiocese of St. Paul-Minneapolis in the Feb. 17 edition of the Minneapolis *Star Tribune*. Br. Richard and a Buddhist monk are pictured side by side with folded hands and wearing their respective religious garment. The photo caption reads, "You May See The Differences. We See The Similarities." The ad continues in part, "Need knows no denomination. Catholic Charities answers the call to help those most in need of food, shelter, dignity and support, regardless of race or creed." From the eight photographs of different monks submitted to the advertising agency that designed this ad, Br. Richard was chosen to represent the Catholic side of the similarities.

Fr. Daniel Durken, professor of theology, is quoted in an article entitled "Choosing a Good

Feed Your Body With Yoga, Your Soul With Meditation

By Sara Rothenberger, CSB residence director

Editor's note: Each month, the Healthy Learning Community and the Partners for Healthy Living promote a health theme to the CSB/SJU campuses. These groups are involved in the promotion of physical, intellectual, emotional, social, occupational and spiritual health.

The author for the "Healthy Heart Month" article in the February issue of CSB/SJU Community was Kathleen Ohman, RN, EdD, professor, department of nursing.

Although yoga and meditation have become trendy in recent years, their popularity directly relates to health benefits. If you are like many people and believe that taking the time to practice yoga or meditation is a luxury you cannot afford, you have not yet discovered that yoga and meditation nourish the body and soul.

The most important aspect of yoga is learning to breathe naturally. Learning how to breathe naturally means observing your breath and becoming aware of any unconscious patterns that may be limiting your breath. Yoga also includes body positioning (posture), exercise and relaxation techniques. Combining all of the elements of yoga, with practice, leads to a sense of physical and spiritual well-being.

Benefits of Yoga

- Reduction of stress
- Lower blood pressure
- Better digestion
- Muscle relaxation

Please visit the Partners for Healthy Learning Community Web site at <http://csbsju.edu/extending/healthylearningcommunity/index.htm>.



JoAnn Matheny, SJU office coordinator for Development/Alumni Relations, Institutional Advancement, gets a different perspective of the world during yoga sessions on the SJU campus taught by Richard Chandler and sponsored by Health at Work.

Meditation is focused inner awareness, a separation from what is going on in the outside world. Taking time for personal relaxation and reflection is an important ingredient in any effort to bring an idea, vision or inspiration to fruition. Such focused awareness is the key to success whether you're producing a report before a deadline, cooking a meal or driving the car.

Benefits of Meditation

- Better concentration
- Slows the pace of your day
- Fosters spiritual growth

For more information on yoga and meditation, visit www.doyoga.com, or www.yogajournal.com. Stay tuned to opportunities for yoga, pilates, meditation and other practices from the OSB and CSB Health at Work committees by visiting www.csbsju.edu/haw.

Book" by Joseph Young in the Feb. 14 issue of *The Saint Cloud Visitor*. The article offers guidelines and suggestions for choosing one of the many translations of the Bible. Fr. Daniel is quoted: "The Bible is difficult enough to understand without having to struggle with outdated or archaic idioms and language. One shouldn't get bogged down navigating syntactical detours and verbal roadblocks — such as all the 'begats,' 'thous,' 'wouldsts,' 'couldsts' and 'shouldsts'. We just don't talk that way."

An article on "The Benedictine's Bauhaus" by **Thomas Fisher** in the January-February 2002 issue

of *Architecture Minnesota*, the magazine of the American Institute of Architects, refers to Fr. Columba Stewart, professor of theology, and Br. Alan Reed, curator of art and artifacts for Saint John's Abbey and University. In this six-page tribute to Marcel Breuer, architect of the abbey church and 11 other campus edifices, the author writes, "Listening to Stewart and Reed, I could see why Breuer's architecture had appealed to this Benedictine community. The ideals of the Bauhaus ... embodied a secular version of Benedictine beliefs: the importance of community, the value of craft, the simplification of life."

Campus News

Donations Accepted for ASB Garage Sale

Donations are being accepted for the third annual ASB Garage Sale, benefiting Alternative Spring Break Trips.

Do you have some gently used items (i.e. dishes, linens, jewelry, books, etc.) that you just don't use anymore? Do you have some clothes that are still in good shape, but you don't want to wear anymore? You can bring all donations to the CSB Campus Ministry Office. Please call before bringing larger items such as furniture.

All profits will go toward transportation costs for the ASB trips next year.

The garage sale will take place Saturday, April 20.

COMMUNITY

Community is published by the CSB/SJU Communications and Marketing Services staff:

Jon McGee, Vice President for Institutional Planning, Research and Communication

Greg Hoye, Executive Director of Communication and Marketing Services

Julie Marthaler, Office Coordinator (CSB)

Viv Krueger, Office Coordinator (SJU)

Mike Durbin, Sports Information Director (CSB)

Michael Hemmesch, SJU Director of Communication

Jo Ann Shroyer, CSB Director of Communication

Glenda Isaacs Burgeson, Assistant Director of Communication/Community Editor

Tammy Hansen, Assistant Director of Communication/Electronic and Print Media

Greg Becker, Senior Associate Director of Publications and Graphic Services

Kay L. Buytaert, Associate Director of Publications and Graphic Services

Ron Schoonover, Assistant Director of Publications and Graphic Services

Kathy Wenker, Community Student Coordinator

Deadline for the April issue is March 22. To share your information and story ideas, simply e-mail them directly to Community at: community@csbsju.edu.



Dave Hirbacek, Minnesota's Private Colleges



Gov. Jesse Ventura addressed more than 200 students who gathered recently at the Capitol for Minnesota Private College Student Day. Above, SJU student Matt Schmit (from left) and Erin Tri of Bethel College visit with Rep. Doug Stang, along with CSB students Rebecca Schafer and Jodi Jacques.

(Continued from Page 1)

percentage of students who come to class prepared to engage has dropped from two-thirds to one-third.

"Our students are less reflective," Helen Astin said.

In a sense, the Astins agreed, the lack of reflective thought, the sense of disconnection and fragmentation they describe is a reflection of contemporary life, with its emphasis on speed, automation and a driving urgency to get ahead and stay ahead. And, just as there appears to be a resurgent need for spirituality nationally, the Astins said they have found that need among faculty as well.

The Astins have addressed that need at conferences, where they explore, with colleagues, the inner life of faculty, focusing on issues of meaning and purpose.

"We were allowing space for people to be reflective," Helen Astin said, and she advised that institutions can offer similar opportunities through such processes as strategic planning, where faculty can collectively explore institutional values and identify priorities.

Service Learning — A Bright Light

Alexander Astin outlined the benefits of service learning — for both faculty and students — during a mini-workshop, "Does Experiential Learning Enhance Student Engagement?" on Feb. 21 at the Haehn Campus Center.

He discussed 35 favorable outcomes, based on a nine-year, post-college longitudinal study, for individuals who as students participated in service learning. The outcomes included civic responsibility, educational attainment and acquisition of life skills. Results showed a positive effect on one's commitment to participate in the community, and a

negative effect on the belief that there is little that one individual can do to effect change.

Positive behavioral outcomes included higher post-graduate enrollment, greater inter-racial interaction and a greater likelihood of donating to one's alumni association. Academic outcomes included writing skills, critical thinking and better grades. Additionally, the study identified participation in leadership activities and the pursuit of service careers after college among behavioral outcomes.

Alexander Astin described the dynamics of the social learning experience as mutually reinforcing. Service learning enhances the student understanding of the academic material and the academic material enhances the service participation, he said. The mediating mechanism, he said, is reflection.

"A well-designed service learning project allows the student to reflect," he said.

Among the relatively small proportion of faculty who use service learning, Alexander Astin said a national survey found them to be "profoundly affected" by the experience. For many, service learning substantially affected their concept of teaching. Service learning advocates also describe it as a transforming experience to see students get engaged, he said.

Because the design of service learning can mean the difference between enthusiasm and disappointment, Cindy Pederson, CSB/SJU service learning coordinator, said her office provides advice and resources to assist faculty in determining the applicability of service learning to their specific disciplines. She also recommended that interested faculty discuss service learning with professors who use it, to gain a better understanding of it from the professor's perspective.